

# Shidango Mountain / Miyaji Mountain Hiking Course

**Walking time** About 3 hours 10 minutes (not including breaks)

**Walking distance** About 6.5km

**Access** Fujikyuu-Shounan Bus [寄 Yadoriki]-bound, get off after about 18 minutes at [田代向 Tashiromukai] bus stop

The mountain is named after the legend of a mountain hermit in the Asuka era (538-710) called Shidagon, who is said to have established a residence at the top of the mountain and spread Buddhist teachings in the Yadoriki area. 'Shidagon' eventually became 'Shidango'.



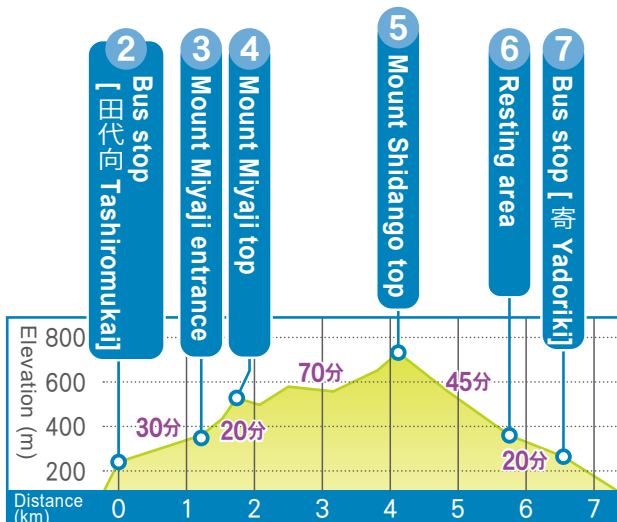
5 After climbing the steep front of Mount Shidango a 360 degree panoramic view opens up



3 Enjoy a peaceful walk through the woods!



5 At the top you can find Lily-of-the-valley flowers



A quick gourmet break

MAP C-4

**Miyama Hamazen**

We also serve drinks



Tororo Soba

[Hours] 11:00~14:00 / 17:00~20:00

[Closed] Tuesdays, 3rd Wednesday of the month

[Parking] Available

[Contact] 0465-89-2919